





# April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>National Volunteer Week April 23 - 29, 2017</b> 						1 9:00 Lions Club Effective Speaking Semi-finals
2	3 9:00 Massage Clinic 11:30 Lunch Program  <b>Spring Programs Start</b>	4 11:30 Light Lunch 1:00 Low Vision Support Group 1:45 Mitzvah Technique <b>NEW</b>	5 11:30 Lunch Program 2:00 Beginners Line Dance <b>NEW</b>	6 11:30 Light Lunch  	7 9:45 Van Trip - Royal Ontario Museum 11:15 Balance & Stretch 11:30 Soup Lunch	8 <b>12:00noon</b> <b>Toronto Seniors</b> <b>Strategy 2.0</b> <b>All Welcome!</b>
9	10 11:30 Lunch Program	11 11:30 Light Lunch 1:45 Mitzvah Technique <b>NEW</b>	12 9:00 Casino Rama 10:30 Waist Watchers 11:30 Lunch Program <b>NEW</b> 2:00 Beginners Line Dance	13 11:30 Light Lunch	14 <b>Centre Closed</b>  <b>Good Friday</b>	15
16 	17 11:30 Lunch Program  <b>We are open today!</b>	18 11:30 Light Lunch 1:45 Mitzvah Technique <b>NEW</b>	19 8:45 Foot Clinic 11:30 Lunch Program <b>NEW</b> 2:00 Beginners Line Dance	20 9:30 Diabetes Clinic 10:30 Van Trip - COC Free Concert Series 11:30 Light Lunch	21 11:15 Balance & Stretch 11:30 Soup Lunch  	22
23	24 11:30 Lunch Program  	25 11:30 Light Lunch 1:45 Mitzvah Technique <b>NEW</b>	26 10:30 Waist Watchers 10:30 Conversation in Italian Workshop 11:30 Lunch Program <b>NEW</b> 2:00 Beginners Line Dance	27 <b>Volunteer</b> <b>Appreciation</b> <b>Luncheon</b> (by invitation only) <b>Centre Closed</b>	28 9:00 Grocery Shopping 9:45 Van Trip - Aga Khan Museum 11:15 Balance & Stretch 11:30 Soup Lunch	29 9:30 Book Club@ Weston Library
30	<b>Coming up in May...</b> <b>Sunday May 14 - Mother's Day</b> <b>Monday May 22 - Victoria Day - Centre Closed</b>					