
















# December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat			
									1 9:30 Open Circuit Workout
2	3 <b>Winter Registration Begins</b> 9:00 Massage Clinic 9:30 Open Circuit Workout 11:30 Lunch Program <b>YWALC Annual Bazaar in the hall</b> →	4 8:30 Casino Rama 11:30 Lunch Program 1:00 Low Vision Support Group  →	5 11:30 Holiday Lunch  <b>(no programs today)</b> →	6 11:30 Lunch Program   →	7 9:00 Hearing Clinic 11:30 Lunch Program 1:30 Van Trip - Niagara Lights  	8 9:30 Open Circuit Workout  			
9	10 9:30 Open Circuit Workout 11:30 Lunch Program 11:45 Information Session - Memory & Logic (In Italian)	11 11:30 Lunch Program	12 11:30 Lunch Program  	13 11:30 Lunch Program	14 9:00 Grocery Shopping 11:30 Lunch Program  	15 9:30 Open Circuit Workout 9:30 Book Club @ Weston Library 			
16	17 8:45 Foot Clinic  9:30 Open Circuit Workout 11:30 Lunch Program <b>Make-up classes begin</b>	18 11:30 Lunch Program  	19 10:30 Conversation in Italian Workshop 11:30 Lunch Program	20 9:30 Diabetes Clinic 10:00 Van Trip - Sherway Gardens 11:30 Lunch Program	21 11:30 Lunch Program 1:00 <b>Sing-a-long with Dave</b> 	22 9:30 Open Circuit Workout  			
23	24 <b>Centre Closed</b>	25 <b>Centre Closed Christmas Day</b>  	26 <b>Centre Closed Boxing Day</b>	27 11:30 Lunch Program	28 9:00 Grocery Shopping 11:30 Lunch Program	29 <b>Centre Closed</b>			
30	31 <b>Centre Closes at noon</b>	<b>Coming up in January...            HAPPY NEW YEAR 2019!            Centre re-opens on Wednesday January 2            Most programs begin the week of January 2</b>				