









# February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>February is...</b> Black History Month YWALC Family Skate @ Weston Lion's Arena					1 11:30 Lunch Program	2 9:00 Grocery Shopping 10:00 Legacy Scrapbooking 10:00 Van Trip - <b>Cloverdale Mall</b> 11:30 Lunch Program	3
4	5 9:00 Massage Clinic 11:30 Lunch Program 12:00 Minds & Motion 4:00 Dance with Me <b>- Bollywood Dance</b>	6 11:30 Lunch Program 1:00 Low Vision Support Group 	7 11:15 Musical Memories - Italian Music 11:30 Lunch Program	8 11:30 Lunch Program	9 10:00 Legacy Scrapbooking 11:30 Lunch Program 	10	
11	12 11:30 Lunch Program 12:00 Minds & Motion 4:00 Dance with Me <b>- African Dance</b>	13 9:00 Reflexology Clinic  11:30 Lunch Program 1:30 Cook With Me <b>- Mexico</b>	14 10:00 Van Trip - <b>Carmen's Dinner Theatre</b> 11:30 Lunch Program 	15 9:30 Diabetes Clinic 11:30 Lunch Program	16 9:00 Grocery Shopping 10:00 Legacy Scrapbooking 11:30 Lunch Program 11:30 Van Trip - <b>Mandarin Restaurant</b> 1:00 <b>YWALC Family Skate - Weston Lion's Arena</b>	17	
18	19 <b>Centre Closed Family Day</b>	20 11:30 Lunch Program 	21 8:45 Foot Clinic 11:30 Lunch Program	22 11:30 Lunch Program 	23 10:00 Legacy Scrapbooking 11:30 Lunch Program 	24 9:30 Book Club @ Weston Library	
25	26 11:30 Lunch Program 12:00 Minds & Motion 4:00 Dance with Me <b>- African Dance</b>	27 11:30 Pancake Lunch 1:30 Cook With Me <b>- Ecuador</b>	28 10:30 Conversation in Italian Workshop 11:30 Lunch Program	<b>Coming up in March...</b> March 1 - Membership renewals March 15 - Health Fair - No programs March 19 - Spring Program Registration March 27- Cook with Me Special Event		