















June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Coming up in July... July 1 - Centre Closed for Canada Day July 2 - Summer programs begin						 1 8:30 Open Circuit Workout
2	3 9:00 Massage Clinic 10:30 Open Circuit Workout 11:30 Lunch Program 	4 8:30 Day Trip - Casino Rama 11:30 Lunch Program 1:00 1000 Words: Seniors Storytelling New 1:00 Low Vision Support Group	5 8:30 Summer Program Registration begins 11:30 Lunch Program	6 8:00 Open Circuit Workout 10:00 West Reach - Creative Expressions 11:30 Lunch Program 	7 9:00 Hearing Clinic 11:30 Lunch Program 1:15 Information Session - Community Safety 	8 8:30 Open Circuit Workout
9	10 10:30 Open Circuit Workout 11:30 Lunch Program	11 11:30 Lunch Program 1:00 1000 Words: Seniors Storytelling New 	12 8:45 Foot Clinic 11:30 Lunch Program 	13 8:00 Open Circuit Workout 10:00 West Reach - Creative Expressions 11:30 Lunch Program	14 9:00 Grocery Shopping 9:30 Van Trip - Outlet Mall/Georgian Downs 11:30 Lunch Program	15 8:30 Open Circuit Workout 
16	17 10:30 Open Circuit Workout 11:30 Lunch Program 	18 9:30 Diabetes Clinic 11:30 Lunch Program 1:00 1000 Words: Seniors Storytelling New	19 9:30 Italian Group - Field Trip to High Park 11:30 Lunch Program 	20 8:00 Open Circuit Workout 10:00 West Reach - Creative Expressions 11:30 Lunch Program	21 11:00 Van Trip - Unionville/Lunch Out 11:30 Lunch Program 	22 8:30 Open Circuit Workout 
23	24 10:30 Open Circuit Workout 11:30 Lunch Program	25 11:30 Lunch Program 1:00 1000 Words: Seniors Storytelling New 	26 11:30 Lunch Program 	27 8:00 Open Circuit Workout 10:00 West Reach - Creative Expressions 11:30 Lunch Program	28 9:00 Grocery Shopping 12:00 Canada Day Lunch  No Programs	29 8:30 Open Circuit Workout 9:30 Book Club @ Weston Library
30	** Instructional make-up classes will be held the week of June 24 - 29 ** Make-up classes will be posted on June 14, 2019					