





March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat		
Coming up in April... April 1 Membership due date April 3 Spring Programs start April 7 Van trip - Royal Ontario Museum - Blue Whale Story April 14 Centre Closed for Good Friday			1 11:30 Lunch Program 12:30 Drum Fitness Workshop Spring Registration Begins Memberships on Sale	2 11:30 Light Lunch 	3 9:00 Hearing Clinic 9:00 Grocery Shopping 9:45 Van Trip - St. Lawrence Market 11:30 Soup Lunch	4		
5	6 9:00 Massage Clinic 11:30 Lunch Program 	7 11:30 Light Lunch 1:00 Low Vision Support Group 1:45 Mitzvah Technique Workshop	8 9:00 Casino Rama 11:00 Van Trip - Cloverdale Mall 11:30 Lunch Program 12:30 Drum Fitness Workshop	9 11:30 Light Lunch	10 11:30 Soup Lunch 	11		
12  Time to Spring Ahead	13 11:30 Lunch Program	14 YWALC Health Fair open to all (No programs today)	15 11:30 Lunch Program 12:30 Drum Fitness Workshop 	16 9:00 Diabetes Clinic 11:30 Light Lunch	17 9:00 Grocery Shopping 10:00 Van Trip - Canada Blooms Show 11:30 Soup Lunch 	18		
19	20 8:45 Foot Clinic 11:30 Lunch Program 	21 11:30 Light Lunch 1:45 Mitzvah Technique Workshop	22 11:30 Lunch Program 12:30 Drum Fitness Workshop 	23 11:30 Light Lunch	24 11:30 Soup Lunch	25 9:30 Book Club@ Weston Library		
26	27 11:30 Lunch Program Make up classes this week - check with front desk	28 11:30 Light Lunch 	29 10:30 Conversation in Italian Workshop 11:30 Lunch Program	30 11:30 Light Lunch 	31 9:00 Grocery Shopping 11:30 Soup Lunch			