















# March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>Coming up in April...</b> April 1 - Spring Program Session begins April 11 - Volunteer Luncheon - Centre Closed April 19 - Good Friday - Centre Closed						1 9:00 Hearing Clinic 11:30 Lunch Program 	2 9:30 Open Circuit Workout
3	4 9:00 Massage Clinic 10:30 Open Circuit Workout 11:30 Lunch Program 11:30 Logic Games (In Italian) 	5 8:30 Casino Rama 11:30 Pancake Lunch 12:30 Workshop - Coping Skills In Times Of Change 1:00 Low Vision Support Group	6 11:15 Musical Memories - Italian Music 11:30 Lunch Program	7 11:30 Lunch Program 	8 9:00 Grocery Shopping 10:00 English Conversation 11:30 Lunch Program 	9 9:30 Open Circuit Workout 	
10	11 10:30 Open Circuit Workout 11:30 Lunch Program 11:30 Logic Games (In Italian)	12 11:30 Lunch Program	13 11:30 Lunch Program 	14 <b>YWALC Health Fair</b>  <b>No Programs</b>	15 9:45 Van Trip - Canada Blooms Show 10:00 English Conversation 11:30 Lunch Program	16 9:30 Open Circuit Workout 	
17 	18 8:45 Foot Clinic 10:30 Open Circuit Workout 11:30 Lunch Program 11:30 Logic Games (In Italian) 	19 <b>8:30 Spring Program Registration begins</b> 11:30 Lunch Program	20 11:30 Lunch Program	21 11:30 Lunch Program 	22 9:00 Grocery Shopping 10:00 English Conversation 10:30 Van Trip -Vaughan Mills Shopping Centre 11:30 Lunch Program	23 9:30 Open Circuit Workout 9:30 Book Club@ Weston Library 	
24/31	25 10:30 Open Circuit Workout 11:30 Lunch Program 11:30 Logic Games (In Italian)	26 11:30 Lunch Program 	27 10:30 Conversation in Italian Workshop 11:30 Lunch Program	28 11:30 Lunch Program	29 11:30 Lunch Program 	30 9:30 Open Circuit Workout 