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		1 11:30 Lunch Program 12:00 Gentle Combo Yoga  1:00 Low Vision Support Group	2 11:15 Musical Memories - Italian Music 11:30 Lunch Program 	3 10:15 Fun & Easy Crafting with Paper 11:30 Lunch Program	4 9:00 Grocery Shopping 11:15 Strong Core  - Better Balance Exercise 11:30 Soup Lunch	5
6	7 9:00 Massage Clinic 11:30 Lunch Program 	8 9:00 Reflexology Clinic 9:00 Carmen's Dinner Theatre 11:30 Lunch Program 12:00 Gentle Combo Yoga 	9 9:00 Casino Rama 11:30 Lunch Program 	10 10:15 Fun & Easy Crafting with Paper 11:30 Lunch Program 	11 11:15 Strong Core  - Better Balance Exercise 11:30 Soup Lunch 	12
13	14 11:30 Lunch Program	15 11:30 Lunch Program 12:00 Gentle Combo Yoga 	16 8:45 Foot Clinic  11:30 Lunch Program 	17 9:30 Diabetes Clinic 10:15 Fun & Easy Crafting with Paper 11:30 Lunch Program	18 9:00 Grocery Shopping 10:00 Van Trip - St. Lawrence Market 11:15 Strong Core  - Better Balance Exercise 11:30 Soup Lunch	19
20	21 Centre Closed Victoria Day 	22 11:30 Lunch Program 12:00 Gentle Combo Yoga 	23 10:30 Information Session - All About YWALC - in Italian 11:30 Lunch Program	24 10:15 Fun & Easy Crafting with Paper 11:30 Lunch Program	25 11:15 Strong Core  - Better Balance Exercise 11:30 Soup Lunch	26 9:30 Book Club @ Weston Library
27	28 11:30 Lunch Program 	29 11:30 Lunch Program 12:00 Gentle Combo Yoga 	30 10:30 Conversation in Italian Workshop 11:30 Lunch Program 3:00 Van Trip - Montgomery's Inn Market	31 10:15 Fun & Easy Crafting with Paper 11:30 Lunch Program	Coming up in June..... Friday June 1 - Hearing Clinic Friday June 1 - Summer Registration begins Friday June 29 - Canada Day Lunch	