





















Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Coming up in December.....</b> <b>December 1</b> - Winter instructional program registration <b>December 1</b> - Hearing Clinic <b>December 6</b> - Holiday Lunch <b>December 8</b> - New 15 week My Legacy Scrapbooking starts <b>December 11</b> - Fall instructional programs end this week			1 9:30 Beginner Computer 11:15 Musical Memories - Italian Music 11:30 Lunch Program <b>Holiday Lunch on sale</b>	2 10:00 Cogniciti - Brain Health Assessment 11:00 Cogniciti - Brain Health Assessment 11:30 Lunch Program	3 10:00 Legacy Scrapbooking  11:30 Van Trip - Lunch out @ Mandarin 11:30 Lunch Program	4
5 Set clocks back 1hr at 2am 	6 9:00 Massage Clinic 11:30 Lunch Program	7 11:30 Lunch Program 12:00 Plant, Paint & Chat 1:00 Low Vision Support Group & Info Session	8 9:30 Beginner Computer 10:30 Van Trip - Royal Winter Fair 11:30 Lunch Program	9 11:30 Lunch Program 	10 9:00 Grocery Shopping 10:00 Legacy Scrapbooking  11:30 Lunch Program	11 
12	13 11:30 Lunch Program 	14 10:00 Humber Nursing Student Health Fair 11:30 Lunch Program 12:00 Plant, Paint & Chat 1:30 Cook With Me - <b>Trinidad</b>	15 9:30 Beginner Computer 10:00 Humber Nursing Student Health Fair 11:30 Lunch Program	16 9:30 Diabetes Clinic 11:30 Lunch Program	17 10:00 Legacy Scrapbooking  10:00 Van Trip - Cloverdale Mall 11:30 Lunch Program	18
19	20 11:30 Lunch Program <b>YWALC Annual Bazaar in the YWALC hall</b> 	21 11:30 Lunch Program 12:00 Plant, Paint & Chat 1:30 Cook With Me - <b>Philippines</b> 	22 8:45 Foot Clinic 9:30 Beginner Computer 11:30 Lunch Program 	23 11:30 Lunch Program  	24 9:00 Grocery Shopping 10:00 Legacy Scrapbooking  11:30 Lunch Program 1:00 Van Trip - Niagara Lights 	25 9:30 Book Club @ Weston Library
26	27 11:30 Lunch Program  	28 11:30 Lunch Program 12:00 Plant, Paint & Chat 1:30 Cook With Me - <b>India</b> 	29 10:30 Conversation in Italian Workshop 11:30 Lunch Program 	30 11:30 Lunch Program 	 <b>LEST WE FORGET</b>	