

















October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 	2 9:00 Massage Clinic 11:30 Lunch Program	3 11:30 Light Lunch 12:00 Plant, Paint, & Chat With Me  1:00 Low Vision Support Group 	4 10:30 Van Trip - Bloor West Village & Lunch Out 11:30 Lunch Program 4:30 Van Trip - The Good Food Market	5 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i> 	6 10:00 Legacy Scrapbooking  11:30 Soup Lunch 	7	
8	9 Centre Closed  Happy Thanksgiving	10 11:30 Light Lunch 12:00 Plant, Paint, & Chat With Me  1:30 Cook With Me - Germany	11 9:00 Casino Rama 10:30 Waist Watchers 11:30 Lunch Program 	12 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i>	13 9:00 Grocery Shopping 10:00 Legacy Scrapbooking  10:00 Van Trip - Walmart 11:30 Soup Lunch	14	
15	16 11:30 Lunch Program	17 11:30 Light Lunch 12:00 Plant, Paint, & Chat With Me 	18 9:30 Beginner Computer 10:00 Van Trip - Springridge Farm 11:30 Lunch Program	19 9:30 Diabetes Clinic 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i>	20 10:00 Legacy Scrapbooking  11:30 Soup Lunch	21	
22	23 8:45 Foot Clinic 11:30 Lunch Program 	24 11:30 Light Lunch 12:00 Plant, Paint, & Chat With Me  1:30 Cook With Me - Philippines	25 9:30 Beginner Computer 10:30 Conversation in Italian Workshop 10:30 Waist Watchers 11:30 Lunch Program	26 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i>	27 9:00 Grocery Shopping 10:00 Legacy Scrapbooking  11:30 Soup Lunch	28 9:30 Book Club @ Weston Library	
29	30 11:30 Lunch Program	31 11:30 Light Lunch 12:00 Plant, Paint, & Chat With Me 	Coming up in November November 1 - Holiday Lunch tickets on sale November 11 - Remembrance Day November 20 - Start of Bazaar & White Elephant Sale				