















September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Coming up in October... October 9 - Centre Closed for Thanksgiving					1 9:00 Grocery Shopping NO PROGRAMS	2
3	4 Centre Closed Labour Day 	5 Fall Session begins 11:30 Light Lunch 1:00 Low Vision Support Group	6 11:30 Lunch Program	7 9:30 Annual Open House 1:00 Annual General Meeting No Programs	8 9:00 Hearing Clinic 10:00 Legacy Scrapbooking  11:30 Soup Lunch	9
10	11 Fall Instructional Programs begin 9:00 Massage Clinic 9:00 Van trip - Metro Toronto Zoo 11:30 Lunch Program	12 10:30 Zumba Gold - in Spanish  11:30 Light Lunch 1:30 Cook with Me - Vietnam	13 8:45 Foot Clinic 9:00 Casino Rama 10:30 Van trip - Vaughan Mills Premium Outlets 11:30 Lunch Program	14 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i> 	15 9:00 Grocery Shopping 10:00 Legacy Scrapbooking  11:30 Soup Lunch 	16
17	18 11:30 Lunch Program	19 10:30 Zumba Gold - in Spanish  11:30 Light Lunch 	20 11:30 Lunch Program 	21 9:30 Diabetes Clinic 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i>	22 10:00 Van trip - Cloverdale Shopping Mall 10:00 Legacy Scrapbooking  11:30 Soup Lunch	23
24	25 11:30 Lunch Program 	26 10:30 Zumba Gold - in Spanish  11:30 Light Lunch 1:30 Cook with me - Kenya	27 10:30 Conversation in Italian Workshop 11:30 Lunch Program	28 11:30 Light Lunch 12:00 Dancing Rivers of Wellbeing <i>free</i>	29 9:00 Grocery Shopping 10:00 Legacy Scrapbooking  11:30 Van trip - Lunch out @ Asian Buffet 11:30 Soup Lunch	30 9:30 Book Club @ Weston Library