

Health Fair for 55+

Thursday March 15th, 2018

9:00 am - 1:00 pm

1901 Weston Rd, main floor

- Informative Presentations
- Live Demonstrations
- Community Agency Representatives

Our friendly staff will be on hand to welcome you and answer questions about York West Active Living Centre (YWALC). This is also an opportunity to meet representatives from community organizations and businesses who will be available to speak with you about their own unique services as well as answer any questions you may have.

Featured Programs: Cook with Me & This is My Legacy Scrapbooking

Funded by:



New Horizons for Seniors Program

Light refreshments will be provided

Door prizes to be won!!

For more information call YWALC @ 416-245-4395

OACAO
The Voice of Older Adult Centres
La voix des centres pour aînés

 Ontario

This event is hosted by York West Active Living Centre (YWALC) in partnership with the Older Adult Centres' Association of Ontario and sponsored by the Ministry of Seniors Affairs.

Stay Active

1901 Weston Rd. Weston M9N 3P5

Be Fit

416.245.4395

Live Well

www.ywalc.ca