



Exciting New Program

“Cook with Me”

2nd and 4th Tuesday of the month

Starting Tuesday May 9, 2017

1:30 - 3:30 pm



Learn how to cook a dish from your fellow member's homeland and learn about traditional food from other countries

It's a great way to learn, cook and
laugh together!

Cost: \$ 2.00 per class (ingredients included)

(see bulletin boards for dates)

Register at the front desk

Stay Active

1901 Weston Rd. Weston M9N 3P5

Be Fit

416.245.4395

Live Well

www.ywalc.ca