



**Older Adults'
PROGRAM**

DANCING RIVERS of WELLBEING



**THURSDAYS
SEPT 14-Oct 26
Noon - 1pm**

**York West Active Living Centre
Games Room
1901 Weston Rd
(416) 245-4395**

Create movement based in
West African dance with live drumming
& performance opportunities.

**LUANNA SHAWENNE
DANCE COMPANY**

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