



York West Active Living Centre

Walk-a-thon

Saturday October 3, 2020

Starting at 9:00am

The Stay Active, Be Fit, Live Well Walk-a-thon
is an event that raises money for YWALC.

The walk-a-thon highlights physical activity
and community spirit, and we know that YWALC members
have lots of community spirit.

All the money raised by our members and their friends
comes directly back to the centre.

Registration forms will be available at the reception desk.
Participants will be walking or virtually walking 2 km or 5 km

If you are not registering you can help by sponsoring the walk,
mail or call in your donation today

Let's do this! Let's get fit and let's showcase YWALC team spirit together!

