



YWALC Ambassadors needed!



York West Active Living Centre is a community based resource centre for persons 55 year of age and older residing in Toronto. Our mission is to promote, encourage and support healthy, independent living through a wide range of health and wellness programs, educational workshop and multicultural activity.

We are looking for volunteers who help to spread the voice about York West Active living Centre in the Community. It is a simple, casual commitment.

Please complete an Application form that you can find on our website or in person at the Centre or contact Allegra at 416-245-4395 or at allegra@ywalc.ca

Coffee/tea are offered to our volunteers

Working with older adults is an amazing experience who enrich your resume as well as your personal life.

Stay Active

1901 Weston Rd. Weston M9N 3P5

Be Fit

416.245.4395

Live Well

www.ywalc.ca